



FREE ENERGY SAVING WORKSHOP

Learn how to save energy and money in your home

DURING OUR 90-MINUTE WORKSHOP YOU WILL LEARN:

- Energy conservation tips
- How to lower your energy bills
- How to read and understand energy bills
- Home safety tips and advice

FREE energy saving kit worth around \$90 if you bring a copy of your electricity or natural gas bill to the workshop

Empower Me Workshops are available in English, Mandarin, Cantonese, Arabic, Punjabi, Farsi, Urdu and Korean.



Supported By:



To Register Contact:

www.empowermeprogram.com/ab/ • info@empowermeprogram.com • 403-536-4006



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DETAILS FOR SETTING UP OUR FREE ENERGY SAVING WORKSHOPS:

- Workshops are 90 minutes.
- 5 to 15 participants required (we can go up to 20 if needed).
- Participants are required to fill out intake/consent forms.
- We request participants bring their utility bills, in order to be eligible for the Free Energy Saving Kit.
- If participants are not paying their bill but a family member or landlord is, they can still be eligible for the kit as long as they have permission to sign the consent form and provide bill information.
- If participants are not paying their bill at all, they are still welcome to join us, they just won't be eligible for the Energy Saving Kit.

Why Empower Me asks Energy Champions to sign the consent form:

- Liability
- Allows us to use the participant's information to administer and evaluate the program
- Gives us permission to access the participant's energy use information for a period of 36 months before and after program participation in order to verify energy savings
- To allow us to send them our newsletter

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